

Volunteer to support local parents!

- Learn new, transferable skills
- Make a difference
- Be part of a friendly team



We're looking for new volunteers to give 2-3 hours a week to provide support to local parents. Full training and ongoing support is provided, and no experience is necessary.

Our PSG buddies are trained volunteers who provide weekly support, either by phone or in person, to a parent or carer who is facing difficulties with their young person. Our buddies do not judge or tell the parent what to do, they are there to provide support. We know that life can become very isolating when the family is faced with additional challenges and at PSG we believe a supported parent is better able to support their young person.

For more information please contact Anne Williams by calling
07908 101 767 or email anne@psg.org.uk
www.psg.org.uk @ParentSupportUK